



FACT SHEET

“Mentoring is a structured, consistent and purposeful relationship between a young person and a caring adult who provides acceptance, support, encouragement, guidance and concrete assistance to promote healthy youth development and student success.”

What is The Troubled Movement Mentor Program?

The Troubled Movement Mentoring Program is non-profit based program that help pre-teens and teens deal with the everyday stressors of life. We give a positive outlook and influence on the teens we can reach. Although we welcome all pre-teens and teens, we specialize in troubled teens (e.g. behavioral problems, latchkey, single parent, depression/anxiety, and several other factors)

Who are the mentors?

- TTM staff (e.g. admin, e-board, board members)
- Community volunteers – anyone with the proper clearance and background check to work with teens.

What are mentors required to do?

- Mentors are on plan for 1 school year (2 school semesters beginning in the Spring or Fall)
- Mentors are required to meet TTM Board and Mentee Parents
- Mentors are required to speak with mentee a minimum of once a week, via phone, text, or virtual visit.
- Mentors are required to have 2 (hour minimum) visits with their mentee a month virtually (e.g. Zoom, Skype, Duo, Facetime) or in person. (at discretion of parents, mentee, and mentor)
- Mentors are required to attend the quarterly or monthly TTM Volunteer/Mentor activity.

How do we select students for the program?

- By referral (e.g. from teacher, staff, city program, friend, or family member)
- Parent enrollment

Other Information

- All teens must have parental support and permission to take part in the program
- We reserve the right to decline you as a Mentor
- All Mentors will receive a background check
- All Mentors must be 21+
- All Mentors must take a personality test
- All Mentors are required to attend the initial Mentoring Welcoming Informational
- Funding is currently not available through TTM to cover associated program costs (e.g. mentor stipends, food/snacks for activities)

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